



18th Balkan **CHAMPIONSHIP**

(Regional South- East and East Ju-jitsu Championship)
U10, U12, U14, U16 , U18, U21, and U21+

1st INVITATION



MONTENEGRO - PODGORICA
SEPTEMBER 15-17. 2023.



JIF RANKING LISTDUO - DUO SHOW - FIGHTING - NE WAZA

J U - J I T S U

18th BALKAN OPEN CHAMPIONSHIP

(REGIONAL SOUTH-EAST AND EAST JU-JITSU CHAMPIONSHIP)

U10, U12, U14, U16 , U18, U21, and U21+

JJIF RANKING LIST EVENT

1st INVITATION

15-17 September 2023

PODGORICA,

MONTENEGRO



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TO ALL JJBFB MEMBERS

Dear friends,

Please find enclosed herewith the first invitation for the BALKAN OPEN CHAMPIONSHIP which will take place in PODGORICA - MONTENEGRO.

We are confident that the athletes, coaches, referees and supporters will enjoy a great championship, with high technical level, sportsmanship and fun.

JJIF and event Responsibilities

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Organizing Federation

Responsibility for the event goes to:

JU JITSU FEDERATION OF REPUBLIC OF MONTENEGRO

Mr. Miloš Ašanin, President of JJF MNE

For all information concerning the tournaments - hotel accommodation, transport, arrival, application etc. you may contact:

Ms. Dubravka Joksimovic, JJF MNE General Secretary

E-mails: jujutsu.mne@gmail.com

Telephone: +382 68 476 965

Venue

“SC MORAČA”, Sports hall, Podgorica

Address: Ulica Ivana Milutinovića, bb. Podgorica

Website: <http://www.pgспорт.me/a1/index.php/cg/organizacija/gradski-bazeni/gb>

Facts about Montenegro

Montenegro is located between 41° 52′-43° 42′ north latitude and 18°26′- 20 ° 22′ east longitudes and belongs to the central Mediterranean that is Southern Europe. To the north it borders Serbia, to the southeast Kosovo and Albania, to the south it is separated from Italy by the Adriatic Sea and to the west it borders Croatia and Bosnia and Herzegovina.

Area: 13.812 km²

Population: 620 000

Length of borders: 614 km

Capital: Podgorica (186 000 inhabitants) – administrative and economic centre

Royal capital: Cetinje – historical and cultural centre

Currency: Euro

Length of the sea coast: 293 km

Number of beaches: 117

Length of beaches: 52 km

Longest beach: Velika plaža (Ulcinj) - 13 km

Highest mountain peaks: Maja Rosit (Prokletije)-2.524 m,
Zla Kolata (Prokletije)-2534m n.v.; Dobra Kolata
(Prokletije)-2528m v.n.; Bobotov Kuk (Durmitor)-2523 m
v.n.

Largest lake: Skadar Lake (391 m²)

Deepest canyon: Tara (1.300 m)

National parks: Durmitor, Biogradska gora, Skadarsko jezero,
Lovćen, Prokletije

Largest bay: the Bay of Kotor

Climate: Continental-Mediterranean

Average air temperature: 27.4 °C (summer)

Maximum sea temperature: 27.1 °C

Average number of sunny days during the year: 240

Swimming season: 180 days

Sea: dark blue

Transparency of the sea: 38-56 m

Time zone: GTM +1

Electrical power system: 220V/50Hz

City of Podgorica



Podgorica (/ˈpɒdɡɒrɪtsə/ POD-gorr-ih-tsə;^[2] Montenegrin Cyrillic: Подгорица; pronounced [pǒdgoritsa], lit. "[area] under the small hill") is the capital and largest city of Montenegro. The city was also called Titograd (Montenegrin Cyrillic: Титоград, [títograːd]) between 1946 and 1992 when Montenegro was part of the Socialist Federal Republic of Yugoslavia (SFRY), in honor of Josip Broz Tito.

Podgorica's favourable position at the confluence of the Ribnica and Morača rivers and the meeting point of the fertile Zeta Plain and Bjelopavlići Valley has encouraged settlement. The city is close to winter ski centers in the north and seaside resorts on the Adriatic Sea.

The city's population was 204,877 in the 2011 census. The Podgorica Municipality contains 10.4% of Montenegro's territory and 29.9% of its population. It is the administrative center of Montenegro and its economic, cultural and educational focus.

Podgorica is located in central Montenegro. The area is crossed with rivers and the city itself is only 15 kilometres (9.3 mi) north of [Lake Skadar](#). The [Morača](#) and [Ribnica](#) rivers flow through the city, while the [Zeta](#), [Cijevna](#), [Sitnica](#) and [Mareza](#) flow nearby. *Morača* is the largest river in the city, being 70 m or 230 ft wide near downtown, and having carved a 20 m or 66 ft deep canyon for the length of its course through the city. Except for the *Morača* and *Zeta*, other rivers have an appearance of small creeks. The richness in bodies of water is a major feature of the city. In contrast to most of Montenegro, Podgorica lies in a mainly flat area at the northern end of the Zeta plain, at an elevation of 40 m (130 ft). The only exceptions are hills which overlook the city. The most significant is 130.3 m (427 ft) high **Gorica Hill**, city's namesake, which rises above the city center. The other hills include *Malo brdo* ("little hill", 205.4 m or 674 ft), *Velje brdo* ("big hill", 283 m or 928 ft.), *Ljubović* (101 m or 331 ft) and *Dajbabska gora* (172 m or 564 ft). In the main, these are too steep for development and thus limit the city's expansion, especially to the north. However, urbanization has been encroaching on the lower slopes of the hills since the 1990s. Podgorica city proper has an area of 108 square kilometers (42 sq. miles), while actual urbanized area is much smaller.

VISA

All travelers must have a valid passport and check for regulations about VISA. Official information may be checked on web sites:

1. Border police (<https://www.gov.me/cyr/mup/policija/granice>) and
2. Ministry of Foreign Affairs (<https://www.gov.me/en/mvp>)

VISA support will only be given to registered athletes and officials accommodated in the official hotels.

Emergency numbers

POLICE: 112
FIRE DEPARTMENT: 113
AMBULANCE: 114

Hotels

Information about hotels will be added additionally.

Transport

The OC has arranged transport from “Aerodrom Golubovci” international airport in Podgorica to the official hotel, for all the participants, who are placed in the official hotel and finally back to the airport.

Please contact the organizers concerning arrivals and provide them with exact information about your arrival and departure (means of transport, time and date of arrival, flight number etc.) **in time**, so they can organize everything on time.

Payment

THE DEADLINE FOR BOOKING ACCOMMODATION IS 18th of AUGUST 2023

The organizer is providing official hotels for all delegations, in order to facilitate the meetings, the registration and weigh in for all athletes, as well as reasonable package prices for all participants.

Financial conditions:

The organization has made the effort so that if any of the competitors would like to arrive a day before or stay a day longer, the payment per extra day per room will be under the same conditions.

Travel expenses and organization are the responsibility of the participating countries.

The cost of the accommodation and the participation must be paid by each federation to the organizer.

PAYMENT MUST BE DONE BY BANK TRANSFER UP TO 18th of AUGUST 2023.

Once your hotel booking form reaches us, you will receive a proforma invoice, with the payment details.

Federations which settle all their obligations on time will go through the “green line” at accreditation, in the allotted time-interval.

An extra fee of **10 €** per accredited person is required for payments made after **18th of AUGUST 2022.**

No refunds for participants not attending the event will be made.

Transfer/payment receipt has to be shown at registration. Please note that all financial obligations must be fulfilled before the registration.

SWIFT CODE: CKBCMEPG

CRNOGORSKA KOMERCIJALNA BANKA AD PODGORICA

IBAN: ME2551000000020504967

JU-JITSU SAVEZ CRNE GORE

KRALJA NIKOLE 128

PODGORICA

CRNA GORA

Details of Payment: 100 9363045 0000

Right to participate and categories

Athletes must be presented and registered by their National Federation. All competitors must have a **legal passport of the nation they represent in the championship** and sports passport of their respective nation! Medical certificate, insurance, gender control and the like are the responsibility of the national federation registering the athletes.

Following 2010 JJIF TC and GA decision: **max 3 persons** per category are allowed.

Competitors that will reach the proper age in the present year (from 1.1 to 12.31) have the right of participation in the designated category (valid for fighting, jiu-jitsu ne-waza, duo and show systems).

Control of entries and issuing of accreditation cards will take place at the main official hotel **on Thursday, 15th of September 2023**, during registration. At least one team official must attend in time to confirm the presence of all athletes and officials. The team official must be able to show all official documents and passports of all team members (copies are accepted). Accreditations for coaches will be available at the draw and the coach meeting on Thursday. An accreditation card shall be issued to all competitors, officials and crew members and should be carried at all times.

World Cup U14 & U16

Balkan Open Championship – JJIF Ranking list event

Children U10 -8/9 (year of birth 2014/2015)

Weight categories (only for Fighting system)

Boys: -21, -24, -27, -30, -34, -38, -42, +42

Girls: -20, -22, -25, -28, -32, -36, -40, +40

Duo: Boys - Girls - Mix (series A, three attacks free choice)

Show: Boys - Girls - Mixed (free choice, max 1.5 minutes presentation)

Cadets U12 - 10/11 (year of birth 2012/2013)

Weight categories (only for Fighting system)

Boys: -24, -27, -30, -34, -38, -42, -46, -50, +50

Girls: -22, -25, -28, -32, -36, -40, -44, -48, +48

Duo: Boys - Girls - Mixed (Series A+B, three attacks free choice)

Show: Boys - Girls - Mixed (free choice, max 1.5 minutes presentation)

Cadets U14 - 12/13 years old (year of birth 2010/2011)

Weight categories for Fighting and Jiu-Jitsu (Ne-waza)

Boys: -30, -34, -38, -42, -46, -50, -55, -60, -66, +66

Girls: -25, -28, -32, -36, -40, -44, -48, -52, -57, +57

Duo: men - women - mixed

Show: men - women - mixed

Youth U16 - 14/15 years old (year of birth 2008/2009)

Weight categories for Fighting and Jiu-Jitsu (Ne-waza)

Boys: -38, -42, -46, -50, -55, -60, -66, -73, +73

Girls: -32, -36, -40, -44, -48, -52, -57, -63, +63

Duo: men - women - mixed

Show: men - women - mixed

Youth U18 - 16/17 (year of birth 2006/2007)

Weight categories for Fighting and Jiu-Jitsu (Ne-waza)

Men: -46, -50, -55, -60, -66, -73, -81, +81

Women: -40, -44, -48, -52, -57, -63, -70, +70

Duo: men - women - mixed

Show: men - women - mixed

Adults U21 - 18/19/20 (year of birth 2004/2005/2006)

Weight categories for Fighting and Jiu-Jitsu (Ne-waza)

Men: -56, -62, -69, -77, -85, -94, +94

Women: -45, -48, -52, -57, -63, -70, +70

Duo: men - women - mixed

Show: men - women - mixed

Adults +21 (year of birth 2002 or earlier)

Weight categories for Fighting and Jiu-Jitsu (Ne-waza)

Men: -56, -62, -69, -77, -85, -94, +94

Women: -45, -48, -52, -57, -63, -70, +70

Duo: men - women - mixed

Show: men - women - mixed

PLEASE NOTE according age categories:

Decisions and explanations from the JJIF Technical Congress in St. Petersburg 2010, adopted by JJIF GA and JJIF Board, amended by the JJIF Technical Congress, Board and JJIF Congress in Malmo, 2018:

- The age is considered according to the year of birth, not the actual birth date of the competitor;
- The athlete can compete in one higher age category - goes for fighting, duo and ne-waza system (U18 can compete with U21, U21 can compete with Adults +21). Athletes in U16 MAY NOT compete with U18 of higher age categories.
- However, a team (duo) made up of one U18 and one U21 athlete can only compete in U21, not also in Adults +21 (the U18 athlete, although member of an U21 team, cannot jump over two age categories and compete with the seniors)!! Same is true for couples consisting of athletes in U16 and U18.

Organizers' further rules regarding age:

- Children CANNOT participate in Cadets categories. Children compete ONLY in Duo, Show and Fighting.

Competition fees

Balkan Open Seniors - JJIF Ranking list

Fighting system - 50 €/competitor

Duo and show system - 50 €/couple

JiuJitsu (Ne-Waza) - 50 €/competitor

Balkan Open Championship

Fighting system - 30 €/competitor

Duo system - 30 €/couple

Show system - 30 €/couple

Jiu-Jitsu (Ne-Waza) - 30 €/competitor

Ju-Jitsu Gi and protectors

All competitors must have and use judogi according with the JJIF rules for official competitions (white gi for all competition systems).

Soft hand and foot protections in proper color; mouthpiece and jockstrap are strongly recommended; chest protectors for female competitors are strongly recommended.

Liability

Neither the organizers of the event, nor the National Federation (or any of its officials or members) will be liable or responsible for any personal injury nor for any loss or damage to any property arising out of participations and travelling in connection with this championship. Coaches and team leaders are responsible to make sure that all participants are physically fit, prepared and capable to cope with the championship.

Advertising

Please observe the regulations of the JJIF as far as advertising on the Judogi is concerned. Please note that during the championship no numbers on the back of the Judogi are allowed unless specified by the organizer.

Referees

Each country should provide minimum 1 referee for up to 6 participants, 2 for up to 15 participants, and 3 for 15 participants and more.

Hotel bookings for referees must be included within the booking of the delegation from the national federation.

Referees should attend the briefing meeting on **Thursday** afternoon. There will be **3 (three) days** of competition.

Rules and draw

JJIF Competition Rules, JJIF Competition Organization and Planning.

We make an appeal to all participants to respect fair-play and JJIF Book of Ethics! (Actual competition rules are provided on the official web site www.jjif.org)

- Competition organized by table with all participants getting a second chance;
- Computer program, approved by JJIF;

- Draw will be made by JJIF officials and responsible official from the National Federation, together with the IT specialist;
- The draw will be done on Thursday for all competition days and it is final!

Please Note:

After publication of first draw (fully automatic) during the coach meeting the coaches have 30 min to control and indicate mistakes. Final brackets will be published within one hour.

- If a competitor will not have the correct weight at weighing – or the birth dates are not correct - he/she will stay in a pool/table but will automatically lose the match – no change will be made to the draw and no refund because of not fulfilling conditions for participation when already registered. There will be no second draw.
- General mistakes discovered at the draw can be corrected by JJIF officials (such as wrong name, persons with similar names put in wrong categories etc.).
- Champions from the previous championship may not be in the same pool (if that is indicated at the draw).

Appeal Committee of the Event

The Appeal Committee of the event is composed of 3 persons (1 from the local Organizing Committee), appointed by the JJIF Board. The Appeal procedure adopted by the JJIF Congress in November 2018 shall apply.

Anti-doping Control

All members should make their competitors aware that there could be a doping control for several athletes.

If you have entered in the European Championship and are taking any medication or plan to take any medication, please check with your doctor whether your medication contains any substances on WADA's 2019 Prohibited List (<https://www.wada-ama.org/en/prohibited-list>). You will need a Therapeutic Use Exemption (TUE), if it does. JJEU/JJIF automatically recognizes all TUEs issued by National Anti-Doping Organizations (NADOs), so please contact your NADO if you need a TUE and do not already have one.

If you have any difficulty in applying for a TUE through your NADO or there is no NADO in your country, please contact the Independent Testing Authority (ITA) under the IOC (jjif@ita.sport).

Trophies

- At the end of the competition there will be a trophy for three best teams/country;
- First three in each category receive a medal;
- Special trophies will be awarded.

Dress code

Coaches accompanying the athletes to the tatami will wear the national team track suit with sports shoes (closed). For the finals, formal clothes (with jacket) are recommended.

Athletes on the podium will wear the white competition gi, without any additional materials on their persons (flags, religious symbols, bottles of water, slippers etc.), according to GAISF guidelines.

Flags and Anthems

Don't forget to check the flag and anthem of your country with the organizer when you arrive. We suggest that you bring with you your national anthem (short version) to avoid any possible problem.

Registration

The registration will be only possible via the online platform **SportsID** (www.sportsid.org).

Online registration is mandatory and must to be made before 18th of August 2023.

All registration made after this date will be put in waiting list and will be subject to a late entry fee.

Organization reserves the right to refuse registrations made after the deadline

COMPETITION SCHEDULE WILL BE ADDED LATER.